

## ABSTRACT OF THE DISCLOSURE

A method of treating visual system disease is disclosed. One embodiment comprises the steps of (a) exposing a component of a patient's visual system to light treatment, wherein the light treatment is characterized by wavelength of between 630 – 1000 nm and power intensity between 10 – 90 mW/cm<sup>2</sup> for a time of 1 – 3 minutes, and (b) observing restoration of visual system function.